

JUNE 18th
9:00



Presented by the
Lancaster Road Runners Club
If it's *Smith's*.....it has to be *Good!*

2017 year marks the 29th year of this historic event in beautiful Lancaster County Park.
Join us on Father's Day, June 18th at 9:00 AM, pavilion #2.
The first 200 that register receive a commemorative memento!

REGISTRATION:

Register by **MAIL** until June 13 - **\$29**
Online: LRRCLUB.org - **\$27**
Online: RunSignUp.com - **\$27**
Registration after June 13 & day of - **\$32**
Day of registration is from 8:00 - 8:45

AWARDS:

Awards given to overall top male / female runners and to top 3 age group as listed below:
10 (minimum age) - 19
20-29, 30-39, 40-49, 50-59, 60-69, 70-101

COURSE:

The Men's course is 7 miles, the Women's is 5 miles, to preserve the historic nature of each unique race. These challenging courses offer several surfaces; trail, road, covered bridges (optional), river bed and grass. Water stop will be at the mid point at the Covered Bridge. We will have a supported water crossing, so smile, we will have photographers on site to capture the moment!

CONTACT:

WEBSITE:
www.LRRCLUB.org

RACE DIRECTOR:
Tim Good
tgood@brkreider.com
717-823-3343

REFRESHMENTS:

Drinks and snacks will be provided for the registered finishers.
Water stop will be at the midpoint of each race.

ENTRY FORM

Name _____
Address _____
City _____ State _____ Zip Code _____
Phone _____
Date of Birth _____ Race Day Age _____ Male Female

Please provide an email address: _____
(print legibly, we can email you the race results!)

Please return this form with check for \$29. before June 13th
made payable to: Lancaster Road Runners Club
PO Box 7172, Lancaster, PA 17604

RELEASE: In consideration of the acceptance of this entry, I the undersigned intending to be legally bound hereby, for myself, my heirs, executors, administrators, and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries, or losses which I have or which may accrue to me against all race officials and all organizations constructing or involved in this event, included but not limited to, Lancaster Road Runners Club, Lancaster County Central Park, West Lampeter Township, and Lancaster Township, their respective officers, directors, employees, representatives successors, assigns, and sponsors, that may result from my participation in this event. Further, I hereby grant full permission to the aforementioned persons and organizations to use my name and/or picture in any newspaper, photograph, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand the entry fee is non-refundable in the event that the race is cancelled due to dangerous conditions or weather, and this decision is made by the race director.

Date _____ Signature _____