



15th Anniversary

Stoudts Brewing Distance Classic 12k

Saturday, October 26, 2019; 10:00 AM

2800 N. Reading Road, Adamstown, PA 19501

Less than 50 miles from downtown Harrisburg, Allentown, York, and Conshohocken

Challenging, varied, and picturesque running experience.

All finishers will receive the traditional pint glass, a fresh baked loaf of bread from the Wonderful Good Market, and a beer coupon.

COURSE:

The course runs counterclockwise, beginning and ending near the clock tower. The first mile is a gentle downhill that takes you into and through the quiet borough of Adamstown, home to Good's Potato Chips and Bollman Hat Company. The following 2 miles slowly **climbs** North and West into the wooded countryside. At mile 3 a **long**, fairly gradual **uphill** begins, which flattens out between miles 4.5 & 5. Just after mile 5 the runners will experience a winding **down hill descent**. Please be careful, there is a sharp right turn at the bottom. The remainder of the course is fairly flat with a short, but very **inconvenient hill** just before mile 7. The last quarter mile is **downhill** so save something for the sprint to the finish. There will be two aid stations, one at mile 3 and one just before mile 5. Local police and fire police and Lancaster Road Runners Club members provide traffic control and course guidance.

AWARDS:

1st Overall Male & Female receive \$100
1st Place Masters – Male and Female receive \$50
Male and female age group winners receive a mix of 6 Stoudts beers.
Age groups: 21-29, 30-39, 40-49, 50-59, 60-69, 70-99

**+ \$200 cash
award if course
record is broken**
Male record: 39:01
Female record: 45:35

REGISTRATION:

\$35.00 if postmarked on or before 9/30/2019, \$40.00 after 10/1/2019 and on race day
On-line: <https://runsignup.com/Race/PA/Adamstown/StoudtsBrewingDistanceClassic>
By mail: Make check payable to: LRRC, PO Box, 7172, Lancaster, PA 17604
No Refunds. Race will go on rain or shine. Must be 21 or older.

RACE DAY:

Registration: 8:45 AM – 9:45 AM next to the Clock Tower at the rear of the big parking lot
Baby-jogging strollers, pets, or headphones will not be permitted in the race.
Start of the race: 10:00 AM | Awards and After Party in Stoudts Beer Hall

CONTACT INFORMATION: Olga Clark, Jason Loque, Race Directors
stoudts.distance.classic@gmail.com | www.lrrclub.org

Name: _____ Address: _____
DOB: _____ Age on race day: _____ Gender: _____ (M/F)
Phone: _____ E-mail: _____
Emergency name and phone: _____

I hereby request permission to participate in the Stoudts Brewing 12K Distance Classic. In consideration of the entry being accepted, I intending to be legally bound for myself, my heirs, executors, administrators, waive and release any and all rights I have against the organization holding this event, its agents, representatives, sponsors, successors, and assigns for any and all injuries suffered by me or damages out of, or related to the race. I verify that I am physically fit and have trained sufficiently for this race. I grant permission to use photos or video of me and release my name for any and all race or publicity purposes. I understand the entry fee is non-refundable in the event that the race is cancelled due to dangerous conditions or weather, and this decision is made by the race director. All the foregoing has been read by the undersigned and has voluntarily been signed. No runners under 21 years of age.

Signature: _____ Date: _____